

# Mepilex® XT

The highly conformable foam dressing with Safetac® technology suitable for all wound healing stages

## Safetac® layer

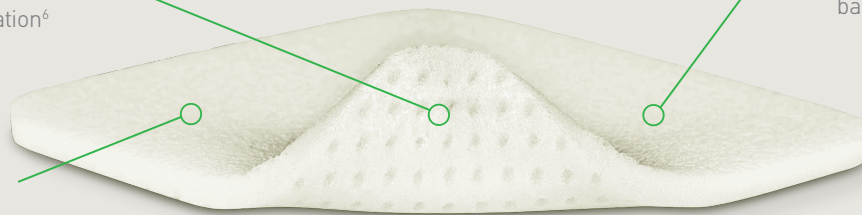
- Reduces pain and trauma at dressing change<sup>3,4</sup>
- Does not adhere to the moist wound bed but to dry skin only
- Seals the wound margins and reduces risk of maceration<sup>6</sup>

## Polyurethane backing film

- Breathable
- Waterproof
- Barrier to viruses and bacteria > 25nm<sup>8</sup>

## Polyurethane foam pad with exudate channels

- Enhanced exudate management capacity
- Absorbs viscous exudate<sup>2</sup>
- Works well under compression<sup>1,2</sup>
- Conformable and flexible foam with a pattern



**Safetac**<sup>®</sup>  
TECHNOLOGY

- Effectively manages a wider range of exudate<sup>1,2</sup> - absorbs viscous exudate<sup>2</sup>
- Non-traumatic to the wound and surrounding skin<sup>3</sup> - fewer disturbances to the wound
- Less painful during dressing changes<sup>4</sup> - less stress for patients<sup>5</sup>
- Enhanced exudate management<sup>1</sup> - reduced risk of leakage and maceration<sup>6</sup>
- Excellent conformity<sup>7</sup> - Promotes patient comfort during wear

## Proven choice for a better outcome

Safetac\*, pioneered by Mölnlycke, delivers above and beyond the ordinary. Proven to help optimize the wound healing journey and even prevent wounds, dressings with Safetac are the safe choice for patients and a champion for higher standards in wound care.

In fact, we have a wealth of evidence that supports the clinical and economic benefits of dressings with Safetac, including Mepilex®, Mepitel®, Mepiform® and Mepitac®. To date, these dressings have helped millions of patients worldwide<sup>7-9</sup>.

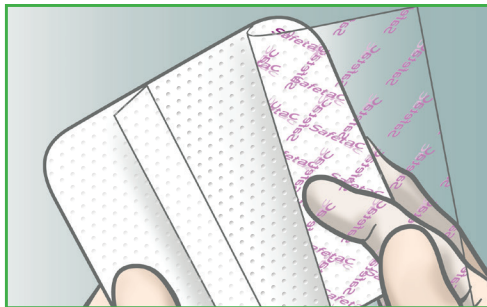
\* A unique proprietary technology exclusive to Mölnlycke Health Care

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Mepilex® XT

  
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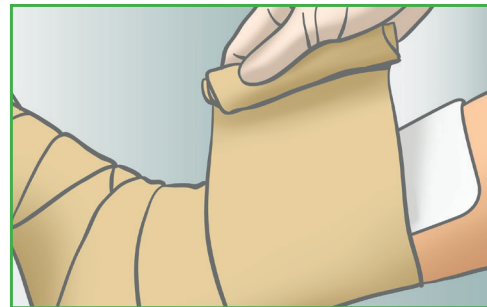
## Directions for use



**1.** Cleanse the wound in accordance with normal procedures. Dry the surrounding skin thoroughly. Remove the release films. For best results, Mepilex® XT should overlap the dry surrounding skin by at least 1-2 cm for the smaller sizes (sizes up to 12.5 x 12.5 cm), and 5 cm for the larger sizes in order to protect the surrounding skin from maceration and excoriation.



**2.** Apply the dressing securely. If required, Mepilex® XT can be cut to size. Do not stretch. Mepilex® XT does not need to be cut to the size of the wound when compression is used.



**3.** When necessary, secure Mepilex® XT with a bandage or other secondary fixation product. Mepilex® XT may be left in place for several days depending on the condition of the wound and surrounding skin.

## How Mepilex® XT works

Mepilex® XT is a soft and highly conformable foam dressing with a pattern on the wound contact side that can effectively manage a wider range of exudate and maintain a moist wound environment.

The Safetac® layer seals wound edges, preventing the exudate from leaking onto surrounding skin, thus minimizing the risk of maceration. The Safetac® layer ensures the dressing can be changed without damaging the wound or surrounding skin, or exposing the patient to additional pain.

## Benefits of Mepilex® XT

- Can be used in all healing stages
- Minimizes pain and trauma during dressing changes
- Minimizes stress caused by pain during dressing changes, to reduce delays in healing
- Minimizes maceration, and effectively manages a wider range of exudate for an optimized wound healing environment
- Stays in place allowing for “hands-free” application to facilitate use of compression or retention bandages<sup>2</sup>
- Well suited for use under compression bandages
- Can be cut to size if required
- Promotes patient comfort during wear
- Can remain in place for several days depending on the condition of the wound<sup>4,9</sup>
- Can be lifted and adjusted without losing its adherent properties
- Non-sensitizing<sup>10</sup>

### References:

1. Fluid handling and retention properties Mepilex XT : Report no. 20130123-006 [SMTL]. 2. Fluid handling and retention properties with Viscous test Fluid Mepilex XT, Report No. 20130104-004/ 20121012-004/20130104-004 [MHC]. 3. White R. et al. Evidence for atraumatic soft silicone wound dressing use. Wounds UK, 2005. 4. White R. A Multinational survey of the assessment of pain when removing dressings. Wounds UK, 2008. 5. Upton D. et al. The Impact of Atraumatic Vs Conventional Dressings on Pain and Stress in Patients with Chronic Wounds. Journal of Wound Care, 2012. 6. Wiberg A.B. et al. Preventing maceration with a soft silicone dressing: in-vitro evaluations. Poster presented at the 3rd Congress of the WUWHS, Toronto, Canada, 2008. 7. Meuleneire F and Foster A. Local treatment of heel pressure ulcers with a silicone foam dressing. Poster presentation. WUWHS, 2008. 8. External Test Lab Report no. 413098 (Nelson Laboratories). 9. Eager CA. Comparison of two foams through the measurement of healing time, frequency of dressing changes and peri wound status. Poster presentation. Advanced Wound Care and Medical Research Forum on Wound Repair, 2001. 10. Biocompatibility Evaluation, Filed in MHC.

## Indications for use

Mepilex® XT is designed for a wide range of exuding acute and chronic wounds in all healing stages.

## Precautions

- Do not use on patients with known sensitivity to the dressing or its components.
- In case of signs of clinical infection, consult a health care professional for adequate infection treatment.
- Do not use Mepilex® XT together with oxidizing agents such as hypochlorite solutions or hydrogen peroxide.



## Mepilex® XT Assortment (Sterile packed)

Art. no	Size cm	Pcs/Box	Pcs/Case
211015	5 x 5	5	40
211100	10 x 10	5	70
211200	10 x 20	5	45
211300	15 x 15	5	25
211500	20 x 50	2	12